



disaster is no excuse for family violence

You can help in just 4 steps:

1. **ASK:** Are you safe at home?
2. **NAME IT:** What you've just described to me is violence and it's a crime.
3. **RESPOND:** Give contact details of local domestic violence and sexual assault services, and Police.
4. **FOLLOW UP:** 'Last time you spoke about your safety. I'd like to know how you are now.'

www.genderanddisaster.com.au

(Adapted from 'Raped by a Partner')

'She dances on the wind' by Ona Henderson (03) 9712 0393



Gender & Disaster Australia

1800RESPECT 24/7 – Australia-wide confidential information, counselling and support service. Supports people impacted by sexual assault, domestic or family violence and abuse. 1800 737 732 and <https://www.1800respect.org.au/violence-times-disaster>

Police – 000

Kids Helpline 24/7 – 1800 55 1800
www.kidshelpline.com.au

Men's Helpline 24/7 – 1300 78 99 78
www.mensline.org.au

Men's Referral Service – 1300 766 491 (Toll Free).
Mon-Fri: 8am – 9pm, Sat-Sun: 9am – 5pm
www.ntv.org.au

Sexual Assault Services – <https://humanrights.gov.au/our-work/sex-discrimination/list-support-services>

QLife -Australia -wide anonymous and free LGBTI peer support and referral, 3pm – midnight every day
1800 184 527 and <https://qlife.org.au>